



THIRD EYE CHAKRA

Chakras and Your Organic Sphere (Life)

Humanity is created perfect in the image of his/her creator.

The belief that the living body of man and the living body of the earth were constructed in the same way through each random access.

Mans access being the back bone the vertebral column which controlled the equilibrium of his movements and his functions along this access were several vibratory centres which echoed the primordial sound of life through the universe.

There are 114 chakra energy spheres in our body, but we have only discovered the knowledge that we have nine main chakras seven that circulate along the spine of the physical body while two are outside the body.

Each of the seven main chakra energy spheres have a corresponding number, name, colour and specific area of the spine from the sacrum to the crown binding on health focus.

The 8th chakra known as the Weda Cootcha is the name of the creator or great spirit which means the source of the sacred, resides within a luminous energy sphere it hovers above the head like a spinning sun it is our connection with the great spirit a place where God dwells within us. The 9th chakra on the other hand is the source of spirit itself it is where we reside in spirit.

There is only one 9th chakra where as each one of us has an individual 8th chakra or soul. There is only one spirit and we are all one within spirit. When we die the 8th chakra expands into a luminous egg and envelopes the other seven chakras in the vessel of light.

After a period of atonement and purification the 8th chakra manufactures another body it is done again and again over so many lifetimes. It leads us to our biological parents and to the best life not the easiest to acquire the experiences we need to grow spiritually.

The traumatic memories of our previous lifetimes are transferred into our next body as imprints in our luminous energy field. The 8th chakra corresponds to the christian concept of the soul which is personal infinite.

The 9th chakra corresponds to spirit which is impersonal and infinite. The 8th chakra manifests within time the Egyptians call it the ka. The 9th chakra is present in the timeless now a point without time unfettered to history it is

imminent and transcendent never dying and never having been born. The Egyptians refer to it as the koo.

The chakras rotate clockwise in the same direction that the spiral arms and the galaxy revolve. Each chakra has a unique frequency that we perceive as one of the seven colours of the rainbow.

The amazon shamans believe that when you clear all your chakras you acquire a rainbow body. Each centre then vibrates at its natural frequency and you radiate the seven colours of the rainbow.

Chakras are well known with the growth of popularity in yoga and meditation healing sessions which originated in India but the references to the chakras were found among the Hopi, the Inca, and the Maya as well as other indigenous cultures around the world. They are mentioned in the Vedas an ancient sacred text of spiritual knowledge dating from 1500 to 1000 BC.

Chakra (*chakra* in Sanskrit) means “wheel” and refers to energy spheres in your body. They are known as spinning discs of energy that should stay open and aligned, as they correspond to bundles of nerves, major organs, and areas of our energetic body that affect our emotional and physical wellbeing.

How you relate to each chakra energy sphere and their frequencies, is how you will come to understand yourself, to connect with more clarity of yourself for the first time (if you have not already). For many it takes years and through life experience you will have gained all knowledge and knowing why things happen in all aspects of your life.

Throughout your journey you will have learned how to resolve them without the stress and all issues behind them. Once you realise your symptoms, you can start corresponding with what your body is telling you what it needs in order for your health and wellbeing to thrive. I was always taught that you should eat all foods via the rainbow because each chakra has that specific colour for that very reason to regenerate and resolve any issue at hand of each chakra.

THIRD EYE CHAKRA

Ajna ~ I SEE ~ I SENSE



ELEMENT : Pure Light

COLOUR : Indigo

FREQUENCY : 720 Hz

NOTE : F

BODY : Brain, Eyes, Nervous System

PRIMARY INSTINCT : Truth

PSYCHOLOGIC : Reason and Logic

GLANDS : Pituitary

REGULATES : Perception of Being, Thought Patterns, Brain Activity

SEEDS : Enlightenment, Self Realisation

LOCATION : Between the Eyes on the Forehead (Brow Chakra)

MEANING : Intuition, Imagination I SEE I SENSE

MANTRA : SHAM SOUND : IEE

We realise that we are an eternal being inhabiting a temporal body. Doubt disappears when you step beyond the mind, desire, and longing cease to be driving forces.

Shamans say that this chakra cannot be awakened through seeking, but that only those who seek may find its treasures and gifts. When the third eye chakra is opened and aligned, your intuition becomes sharp with clarity seeing the bigger picture.

As you trust and know your guides you listen to your inner wisdom. Here we obtain the knowledge that we are inseparable from God we express the divine within ourselves and we see the divine in others.

The unbalanced expression of the Third Eye Chakra are delusions, neurosis, inadequacy, and secheris (unsure). Here we obtain the knowledge that we are

inseparable from God we express the divine within ourselves and we see the divine in others.

If the third eye chakra is malfunctioning the individual confuses information with knowledge. When the energies of the third eye chakra become distorted, the result is spiritual arrogance and self agren diasment (self absorbed).

The third eye chakra is physically located on the forehead. VWhen blockages are felt, they manifest as headaches, issues with sight or concentration, and hearing problems.

People who have trouble listening to reality (who seem to know it all) or who are not in touch with their intuition may also have a block.

These issues can be resolved by the wellbeing of purple foods including plums, purple cabbage, purple sweet potato, purple grapes. If you feel you have a more serious issue, please consult your doctor.





AFFIRMATION

I Am the Divine Aligned with the Universe

ESSENTIAL OILS

Enhance Your Intuition with Insight to Your Senses

Clary Sage, Fragonia, Lavender, Rosemary, Sage, Bergamot

CRYSTALS

Assists you with Insight, Spiritual Connection,
Intuition, Clarity, Imagination, Intelligence

Amethyst, Celestite, Fluorite, Charoite, Iolite

MANTRA

I AM CONNECTION

